

CESA #3 Fall 2012 Book Study

“Boys Adrift: The Five Factors Driving The Growing Epidemic of Unmotivated Boys and Underachieving Young Men”

by Dr. Leonard Sax

Something scary is happening to boys today. From kindergarten to college, they are less resilient and less ambitious than they were a mere twenty years ago. In fact, a third of the men ages 22-34 are still living with their parents – about a 100 percent increase in the past twenty years.

Parents, teachers, and mental health professionals are worried about boys. But until now, no one has come up with good reasons for their decline – nor, more important, with workable solutions to reverse this troubling trend.

In “Boys Adrift” family physician and research psychologist Leonard Sax tackles the problem head on, drawing on the very latest research and his vast experience with boys and their families. He argues that a combination of social and biological factors is creating an environment that is literally toxic to boys. Misguided overemphasis on reading and math as early as kindergarten, too much time spent playing video games, over-reliance on medication for attention deficit disorders (much more common in boys than girls), and overlooked endocrine disturbances are actually causing damage to boys’ brains.

Dr. Sax offers a wide range of reassuring remedies – including innovative ways parents can wean their sons away from video games, practical steps they can take to improve their son’s schooling, and surprisingly simple life changes they can make to protect boys from the environmental estrogens that undermine boys’ motivation.

Filled with moving success stories that will inspire parents and teachers everywhere, “Boys Adrift” points the way to a new future for today’s boys and young men. The purpose of this book study is to present to parents and educators new information from recent brain research that is changing the ideas about how males develop. The course will focus on practical applications for the classroom and home.

COST

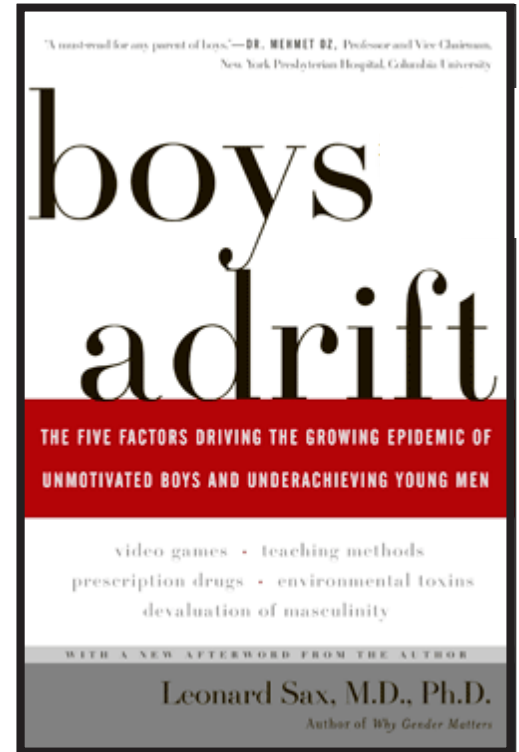
The class will be offered for \$220 per graduate credit through Viterbo University in LaCrosse, WI. The course syllabus defines the different requirements between one and two credits. Students will pay the course fee at the first meeting of the class on September 19, 2012.

CLASS MEETINGS

The class will meet on five Wednesday evenings over the course of the Fall 2012 semester:

September 19, 2012 • October 17, 2012 • November 7, 2012 • November 28, 2012 • December 12, 2012

The class will meet from 6:30 PM until 8:00 PM each evening in Conference Room A at the CESA #3 Office in Fennimore, WI. (Note: We strongly encourage groups of teachers to request a distance learning site within their district or a neighboring district to take the class on the SRTNC Distance Learning Network. Up to four distance sites can be incorporated into the class. Contact David Allen at CESA #3 if you are interested in setting up a site away from Fennimore.)



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COURSE OUTLINE

Session 1 – Wednesday September 19, 2012

- 1) Class Overview / Registration
- 2) Chapter 1: The Riddle
- 3) Chapter 2: The First Factor: Changes in School

Session 2 – Wednesday October 17, 2012

- 1) Chapter 3: The Second Factor: Video Games

Session 3 – Wednesday November 7, 2012

- 1) Chapter 4: The Third Factor: Medications for ADHD

Session 4 – Wednesday November 28, 2012

- 1) Chapter 5: The Fourth Factor: Endocrine Disrupters
- 2) Chapter 6: End Result: Failure to Launch

Session 5 – Wednesday December 12, 2012

- 1) Chapter 7: The Fifth Factor: The Revenge of the Forsaken Gods
- 2) Chapter 8: Detox
- 3) Afterward

ASSIGNMENTS AND CLASS REQUIREMENTS

****For One Credit**

- 1) Attendance at all 5 class sessions.
- 2) Read the textbook.
- 3) Actively participate in class discussions.
- 4) Complete 5 reflective assignments. (One following each class session.)
- 5) Completion of a summative reflection paper discussing the learning impact of this book study, (Due Wednesday December 19, 2012)

****For a Second Credit**

- 6) Build the components of action planning into the 5 class reflections
- 7) Completion of an action plan on how the ideas and strategies found in this book will be brought back into your classroom, school building, or home. (Due Wednesday December 19, 2012)

CONTACT INFORMATION/QUESTIONS

Class Instructor will be David M. Allen, PI-34 Coordinator for CESA #3. If you have questions about the class content or structure, or if you are interested in establishing a distance-learning site for the class, please contact him at 608-342-4000, Ext. 1001 or allen@platteville.k12.wi.us

Please go on-line at the CESA #3 Website and register for each evening of the class you are planning to attend. You can do this by clicking on the MyQuickReg icon. Registration fees will be collected as checks the first night of class (bring your check book). You will receive a copy of the textbook via the CESA #3 delivery van (included in the registration costs).

Please contact Marianne Krogen at CESA #3 if you have questions about registration at 608-822-3276, Ext. 227 or mkgrogen@cesa3.k12.wi.us